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## Tay-Sachs Disease

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Today's News

### What Is It?

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Tay-Sachs disease is an inherited disease caused by an abnormal gene. People with this abnormal gene cannot properly break down a fatty material called ganglioside GM2. This material builds up in the brain, eventually damaging nerve cells and causing neurologic problems.

Infants usually begin to show signs of the disease between 3 and 6 months of age. Children with Tay-Sachs disease can become deaf, blind, paralyzed, and usually die by the age of 5.

Tay-Sachs disease is an autosomal recessive inherited disorder, where a child inherits this abnormal gene from each parent. The parent does not actually have the disease but carries the Tay-Sachs gene and passes it on to the baby. If both parents have the abnormal Tay-Sachs gene, there is a one-in-four chance that the child will inherit the gene from them and have Tay-Sachs disease. Tay-Sachs disease is more common in Ashkenazi Jews; about 1 in 30 people with this ancestry carry a copy of the gene.

Three types of related conditions are often included in the definition of Tay-Sachs disease because they affect the same gene.

- A juvenile form usually appears between ages 2 and 5. The symptoms resemble classic Tay-Sachs disease, and death usually occurs by age 15.
- A chronic form usually appears by age 5. Symptoms resemble the classic form, milder, with resulting muscle weakness, slurred speech, tremors and (sometimes) illness.
- An adult form (called late-onset Tay-Sachs, or LOTS) resembles the chronic form but appears much later in life, between the teens and the 30s.

Other names for Tay-Sachs disease include Tay-Sachs sphingolipidosis; infantile gangliosidosis.



lipidosis; cerebromacular degeneration; GM2 gangliosidosis, Type 1; and amaurotic fa  
infantile idiocy.

## Symptoms

Early signs and symptoms of Tay-Sachs disease may include:

- Loss of muscle tone
- Exaggerated response to sudden noises
- Lack of energy
- Loss of motor skills, such as the ability to roll over, crawl, reach for things or sit

In its advanced form, the disease causes a gradual loss of vision, deafness, seizures, paralysis and dementia. Red spots may appear on the retina.

## Diagnosis

Tay-Sachs disease can be diagnosed before birth, through amniocentesis or chorionic sampling. If you are considering having a child, you and your partner can have a blood test to see if you are carrying the Tay-Sachs disease gene. After birth, your doctor can do a blood test to see if your child has Tay-Sachs disease and to rule out similar neurological conditions.

## Expected Duration

Tay-Sachs disease is a lifelong condition.

## Prevention

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Genetic counseling before conception can help both parents understand what the chances are that they will have a child with Tay-Sachs disease. If both parents-to-be are carriers and a mother is pregnant, amniocentesis or chorionic villus sampling can determine if the fetus is affected.

## Treatment

There is no effective treatment for Tay-Sachs disease. As with other fatal diseases, treatment is aimed at relieving symptoms and making the child and family comfortable.

## When To Call A Professional

Any child or adult showing neurological impairment should be evaluated by a doctor.

## Prognosis

Classic infantile Tay-Sachs disease is a fatal disease. The long-term prognosis for the adult form is not known.

## Additional Info

**National Institute of Neurological Disorders and Stroke**  
P.O. Box 5801  
Bethesda, MD 20824  
Phone: (301) 496-5751

<http://www.ninds.nih.gov/>


**National Organization for Rare Disorders, Inc.**

P.O. Box 8923  
New Fairfield, CT 06812-8923  
Phone: (203) 746-6518  
Toll-Free: (800) 999-6673  
Fax: (203) 746-6481  
<http://www.rarediseases.org/>

**March of Dimes Birth Defects Foundation**

1275 Mamaroneck Ave.  
White Plains, NY 10605  
Toll-Free: (888) 663-4637  
<http://www.modimes.org/>

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